

Fitting joinpoint models for cancer trends in Stata

Paul C Lambert^{1,2}

¹Cancer Registry of Norway, FHI, Norway

²Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden

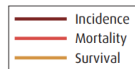
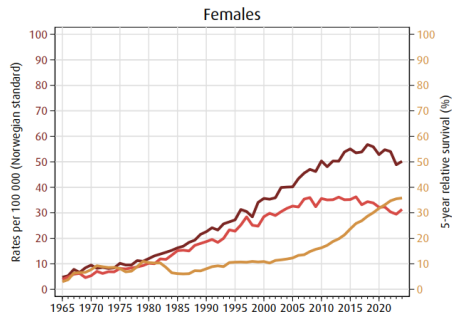
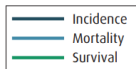
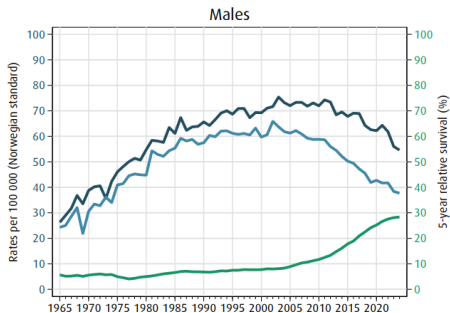
**Northern European Stata Conference, Stockholm
29 August 2025**



Introduction

- We are interested in monitoring cancer trends[1].

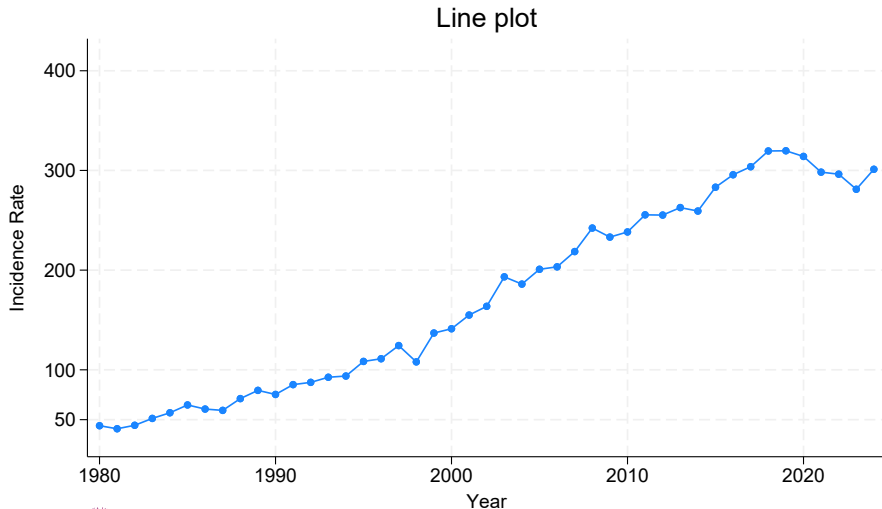
Figure 9.1-L: Lung, trachea (ICD-10 C33-34)



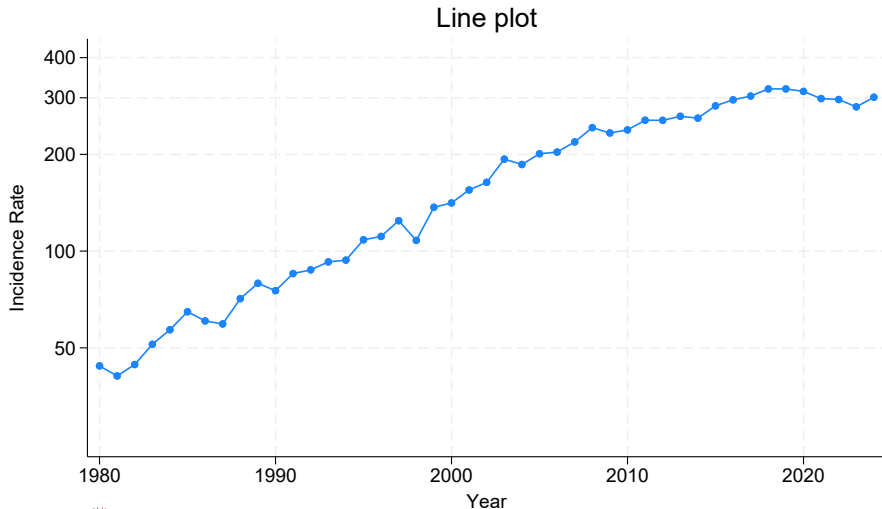
Summarizing Trends

- We want to summarise trends over time.
- We can explore graphically, but it is also useful to summarise trends numerically
- This talk will show an implementation of joinpoint models in Stata.
- Joinpoint models use linear splines to look at changes in trends over time. They include selecting the number of knots and their locations[2].
- They are descriptive models.

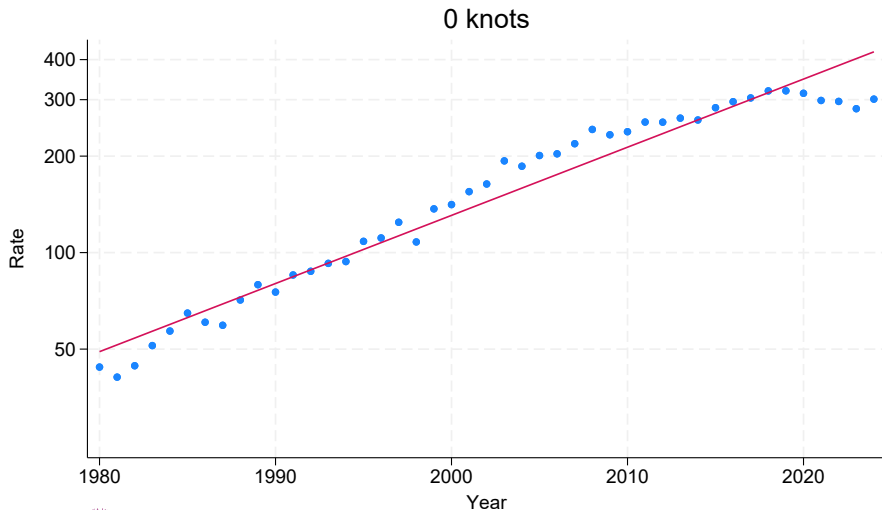
Incidence of lung cancer in Norway (females 70-79)



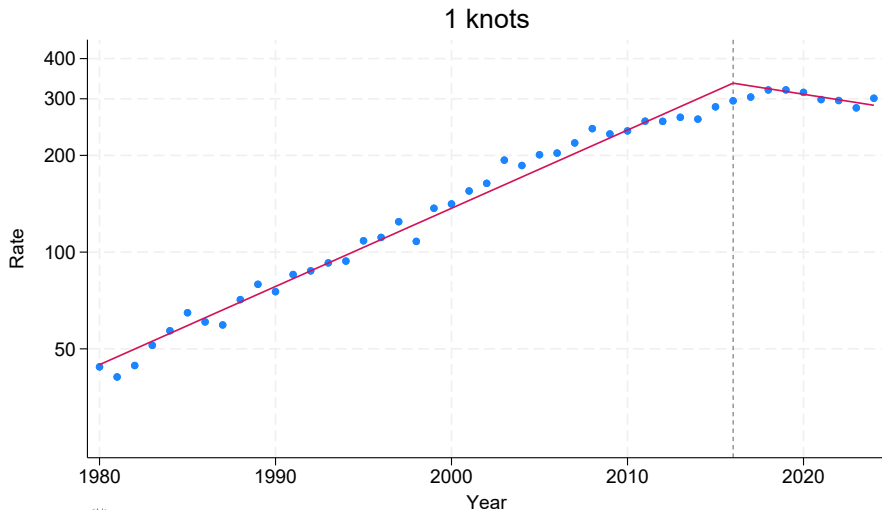
Incidence of lung cancer in Norway (females 70-79)



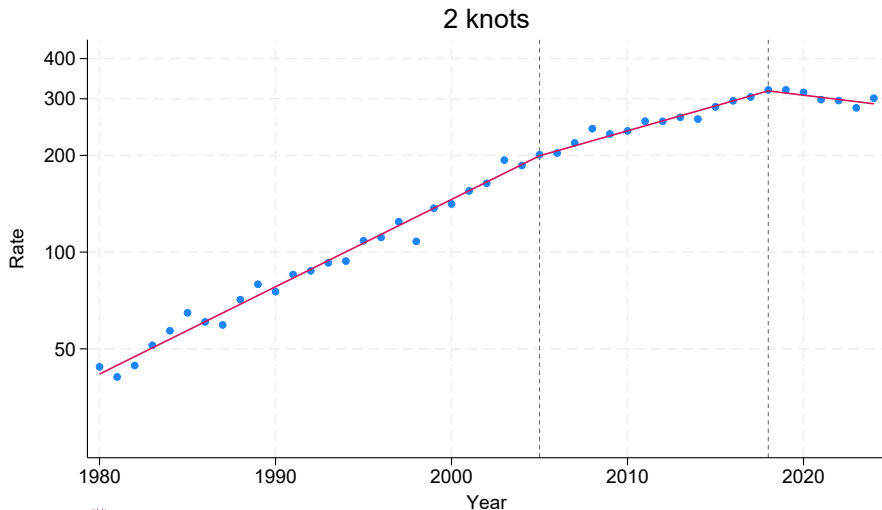
Incidence of lung cancer in Norway (females 70-79)



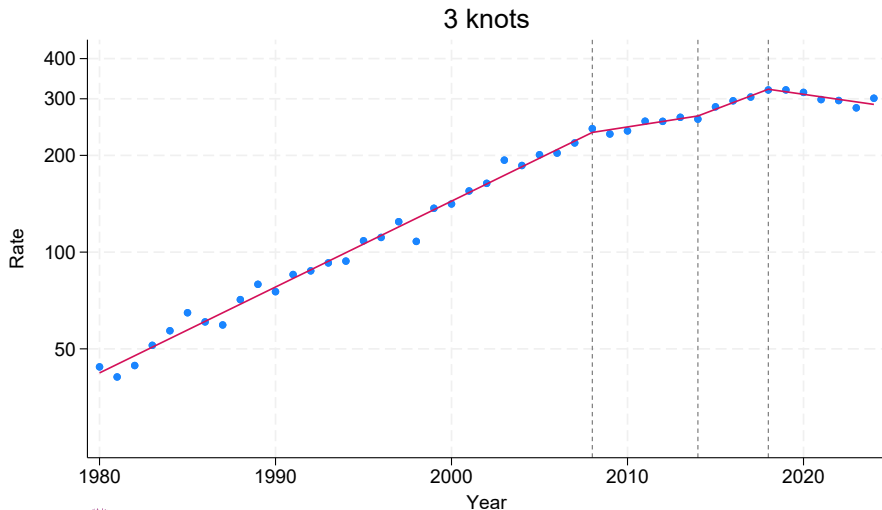
Incidence of lung cancer in Norway (females 70-79)



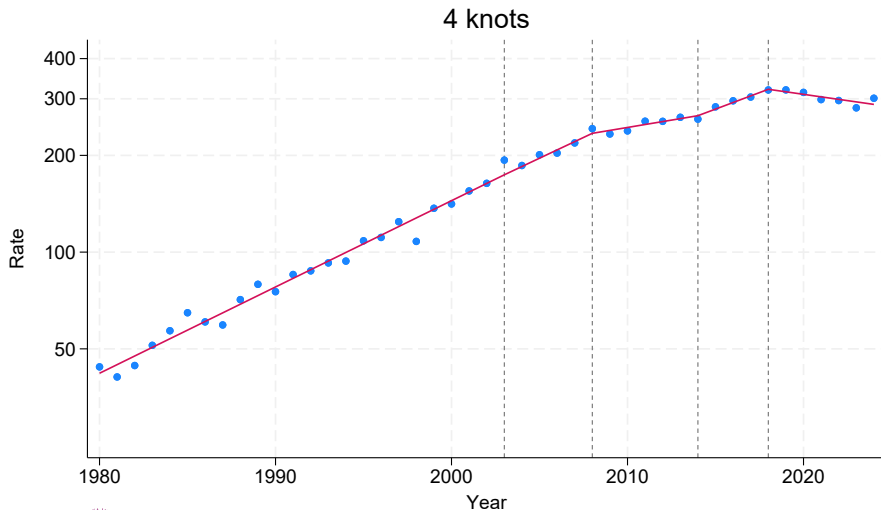
Incidence of lung cancer in Norway (females 70-79)



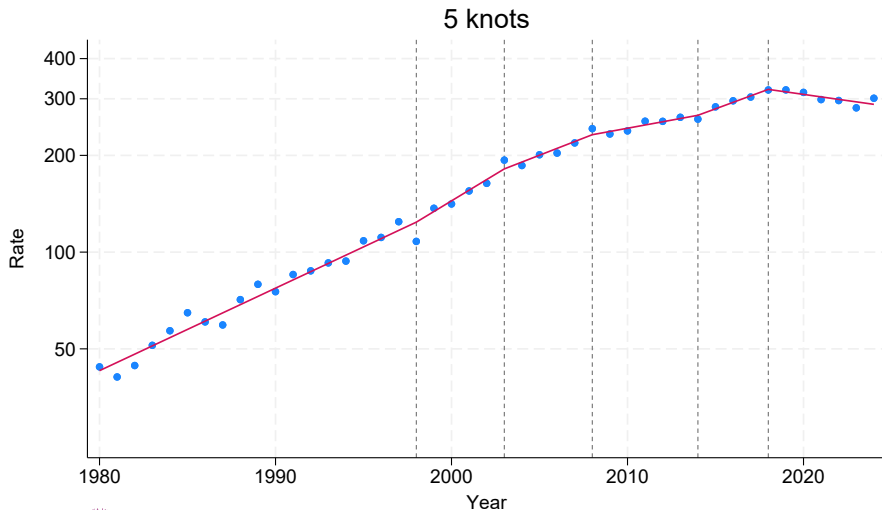
Incidence of lung cancer in Norway (females 70-79)



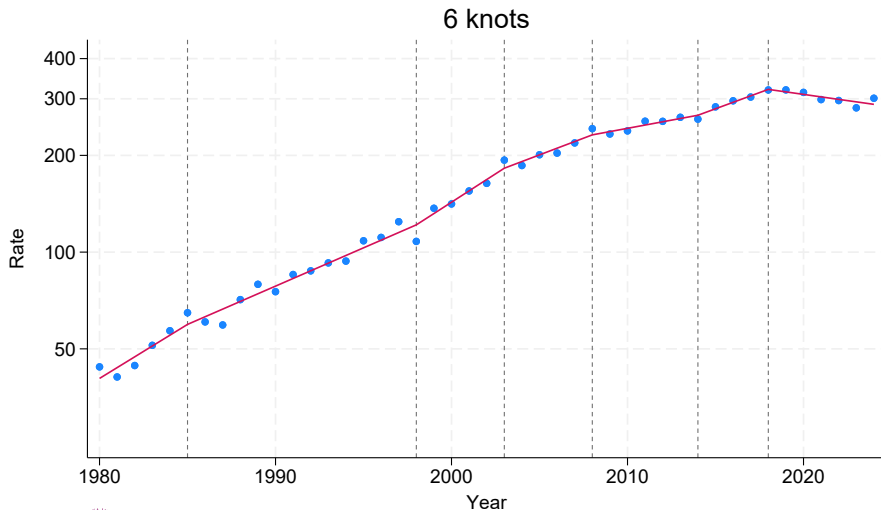
Incidence of lung cancer in Norway (females 70-79)



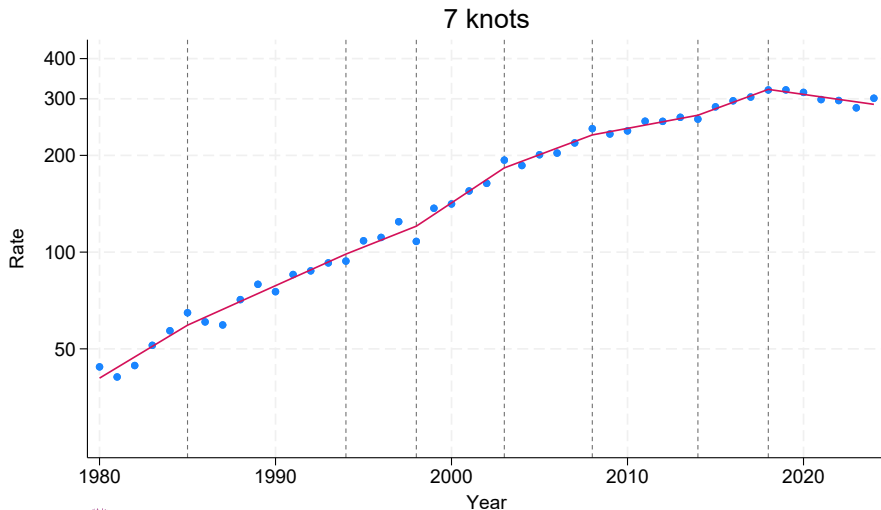
Incidence of lung cancer in Norway (females 70-79)



Incidence of lung cancer in Norway (females 70-79)



Incidence of lung cancer in Norway (females 70-79)



Joinpoint model

- For K knots τ_1, \dots, τ_K , the joinpoint model is

$$y_i = \beta_0 + \beta_1 x_i + \sum_{k=1}^K \delta_k (x_i - \tau_k)^+ + \epsilon_i$$

where $u^+ = \max(0, u)$

- We want to estimate
 - The number of knots, K ,
 - The location of the knots, τ_k , $k = 1, \dots, K$,
 - The intercept and gradient before the first knot, β_0 , β_1 ,
 - The change in gradient at each knot, δ_k , $k = 1, \dots, K$,
- For cancer trends the outcome, y is usually a log(rate).
- Rates are estimated with uncertainty: incorporate weights, $w_i = 1/SE(y_i)^2$.

Annual percent change (APC)

- We are assuming linearity between knots (joinpoints).
- The gradient for the increase/decrease in $\log(\text{rate})$ per year can be obtained.
- If γ_j is the gradient in the j^{th} segment, then the annual percent change (APC) is

$$APC_j = 100 \times (e^{\gamma_j} - 1)$$

- with K knots (joinpoints) there are $K + 1$ segments.
- Common way to summarise trends.

NIH Joinpoint Software

- Developed by the Surveillance Research Program at the National Cancer Institute (NIH).
- Available as a standalone, point and click application, and as command line versions.
- Good software with detailed documentation and papers describing methodology[2–5].
- <https://surveillance.cancer.gov/joinpoint/>

NIH Joinpoint Software

- Developed by the Surveillance Research Program at the National Cancer Institute (NIH).
- Available as a standalone, point and click application, and as command line versions.
- Good software with detailed documentation and papers describing methodology[2–5].
- <https://surveillance.cancer.gov/joinpoint/>
- Much more convenient for us to fit a model from within Stata.
 - Loop over many cancers / age groups /sex etc.
- The NIH joinpoint software very useful for checking for consistency of results.

Joinpoint models

- To fit a joinpoint model, we need to initial specify,
 - The minimum and maximum number of knots.
 - The minimum number of data points between knots.
 - The minimum number of data points before the first knot and after the last knot.
 - How to choose between different models.
- I will first show an example of using the `joinpoint` command, and then discuss some details of the implementation.

Example of joinpoint

```
// Fit a joinpoint model
// will fit all possible combinations of knot positions
// use BIC3 to choose between models
//   (i) select best fitting model within each number of knots
//   (ii) select between the models with differing number of knots
joinpoint lnrate year, nknots(0(1)7)    /// fit models with between 0 and 7 knots
                                     minendpoints(3) /// min points at ends (5 is default)
                                     minintpoints(3) /// min points between knots (5 is default)
                                     bic3          /// model selection criterion
                                     se(lnrate_se) /// standard error (on log scale)
                                     apc           /// display apc information
```

Example of joinpoint: Output 1

Summary of 365137 models fitted

Knots	N models	Best knot choice	df	BIC3
0	1		43	8.01
1	39	2016	41	6.62
2	630	2005 2018	39	5.81*
3	5456	2008 2014 2018	37	5.91
4	27405	2003 2008 2014 2018	35	6.13
5	80730	1998 2003 2008 2014 2018	33	6.27
6	134596	1985 1998 2003 2008 2014 2018	31	6.50
7	116280	1985 1994 1998 2003 2008 2014 2018	29	6.75

*: Model with lowest BIC3

- You can save details of all fitted models using the `savemodelfit` option.

Example of joinpoint: Output 2

Final Model with 2 knots at (2005 2018)

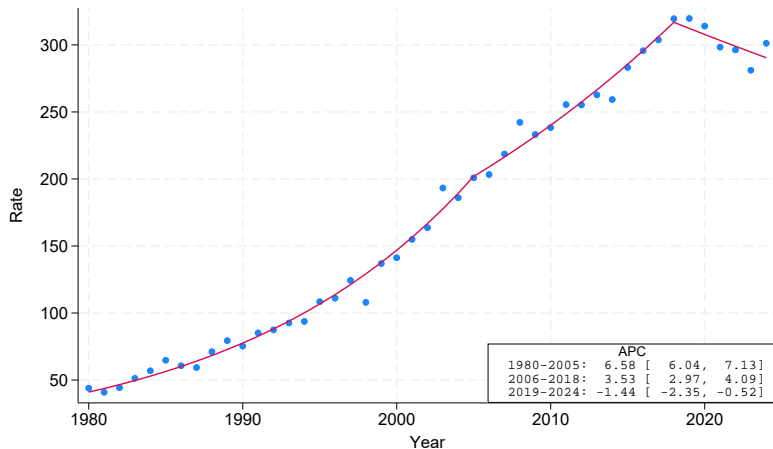
lnrate	Coefficient	Std. err.	t	P> t	[95% conf. interval]	
_ls1	.0637472	.0025403	25.09	0.000	.058609	.0688855
_ls2	-.0290665	.0036795	-7.90	0.000	-.0365089	-.0216241
_ls3	-.0492001	.0053144	-9.26	0.000	-.0599495	-.0384506
_cons	-122.5055	5.074047	-24.14	0.000	-132.7688	-112.2423

Annual percentage change (APC)

Interval	APC
1980-2005	6.58 [6.04, 7.13]
2006-2018	3.53 [2.97, 4.09]
2019-2024	-1.44 [-2.35, -0.52]

Example of joinpoint: Plotting

`joinpoint_plot, apc`



Knot selection

- `joinpoint` will fit all possible knot combinations
- `Mata` function first works out all possible combinations of knots, subject to:
 - minimum and maximum number of knots
 - minimum data points between knots
 - minimum data points before first and after last knot.
- Loops over all combinations, fit model, store results.
- Finally, select the best model using a specified criterion.

Computationally Intensive

- We end up having to fit many models.
- For example, with 80 data points with a maximum of 5 knots and a minimum of 5 data points between knots there are **2,496,185** different models.
- These are regression models, so we could use `regress`.
- However, we can also use `mm_ls()` from Ben Jann's `moremata` set of functions.
- What is the speed gain?
 - I will compare fitting 100,000 models.

Using regress

```
clear
set obs 80
gen x = _n
gen y = runiform()
gensplines x, df(3) type(bs) gen(bs) degree(1)

timer clear
timer on 1
forvalues i = 1/100000 {
    qui regress y bs*
}
timer off 1
```

Using mm_ls()

```
mata:  
  bs = st_data(.,("bs1","bs2","bs3"),.)  
  y  = st_data(.,"y",.)  
  
  timer_on(2)  
  for(i=1;i<=100000;i++) {  
    S = mm_ls(y, bs,1,1)  
  }  
  timer_off(2)  
end
```

Compare times

Method	Time (seconds)	Relative Speed
regress	t_1	
mm_ls()	t_2	$100 \times t_2/t_1$

- Have a guess at what $100 \times t_2/t_1$ is?

Compare times

Method	Time (seconds)	Relative Speed
regress	453.35	
mm_ls()	1.43	0.31

- Dramatic increase in speed.
- In joinpoint models are fitted using `mm_ls()`, with the final model fitted using `regress`.
- Important when we loop over many cancer sites, age groups etc.

Adjusting SEs for model selection.

- We are selecting the number of knots and their locations. This model selection should be accounted for when quantifying uncertainty.
- 1 df for each knot in the model and an additional df to account for selection of a knot position.
 - Use `dof()` option when using `regress`.
- Similar to selecting powers in fractional polynomials[6].
- Additionally, Kim and Kim[7] and others showed that improved coverage with fitting a linear spline model without continuity constraints and using the submatrix that corresponds to the slope parameters.
 - Use `ereturn repost ...` to modify `e(V)`.

Model Selection

- Different ways to select between models.

$$BIC = \frac{\ln(SSE)}{N} + \frac{2(k+2)\ln(N)}{N}$$

$$BIC3 = \frac{\ln(SSE)}{N} + \frac{3(k+2)\ln(N)}{N}$$

$$WBIC = (1-w)BIC + wBIC3$$

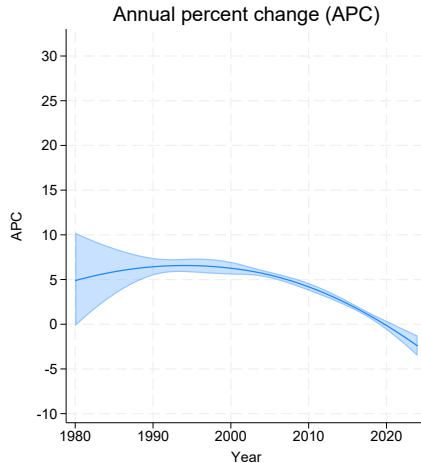
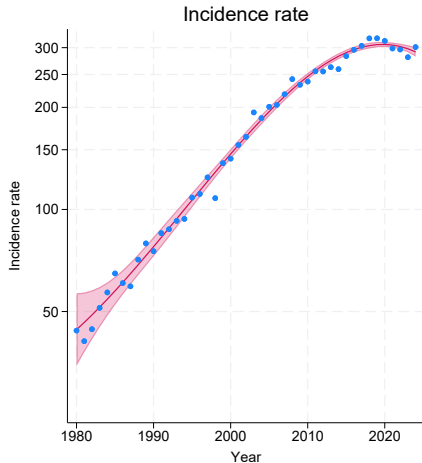
w increases with increasing change in gradient between knots

Why not cubic splines?

- Initially I was not keen on these models.
- I am used to using more flexible spline functions, e.g. natural splines, B-splines, I-splines, M-splines as part of the `gensplines` command.
- The world is usually more complex than a series of straight lines.
- However, joinpoint models provide a quick, easy to interpret summary of trends over time.
- I do not see joinpoint models as selecting an exact time of change, but as a useful tool in descriptive analysis.
- Particularly useful when analysing many cancer sites with a variety of subgroups.

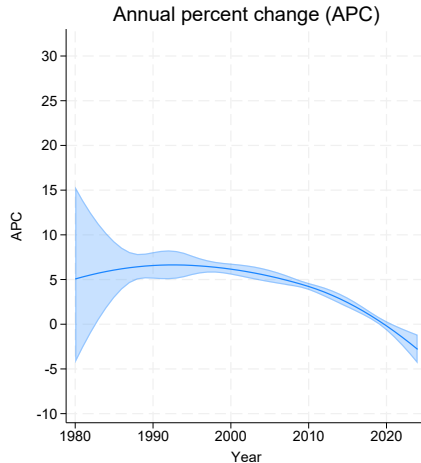
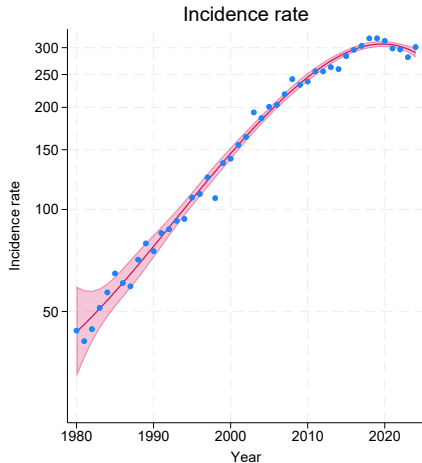
Incidence of lung cancer in Norway (females 70-79)

Cubic B-splines: 4 df



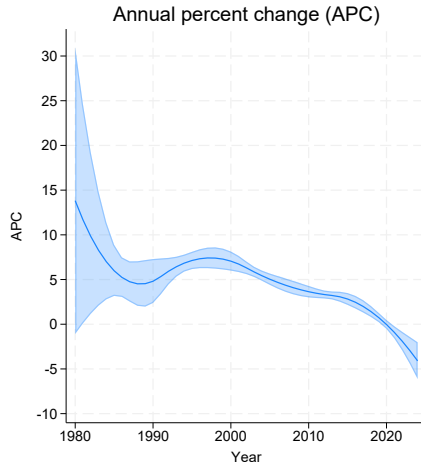
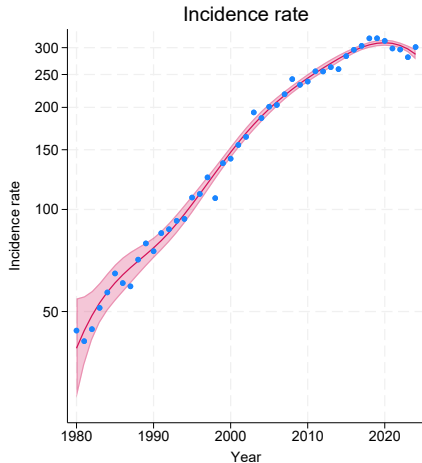
Incidence of lung cancer in Norway (females 70-79)

Cubic B-splines: 5 df



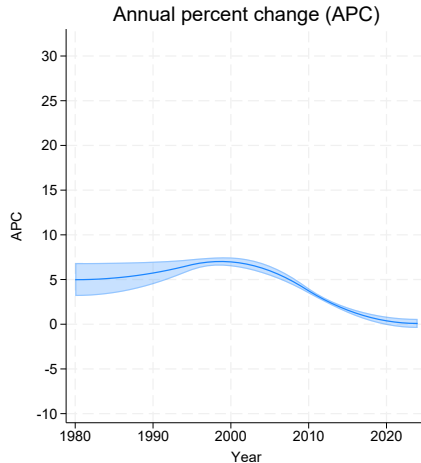
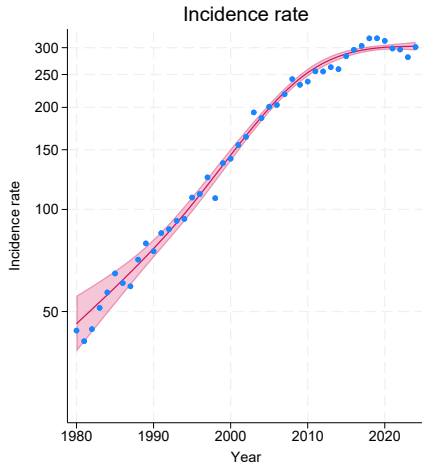
Incidence of lung cancer in Norway (females 70-79)

Cubic B-splines: 6 df



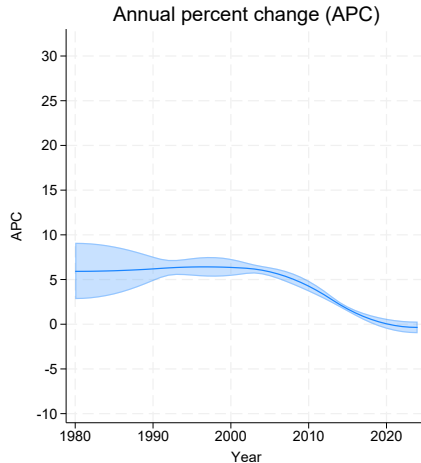
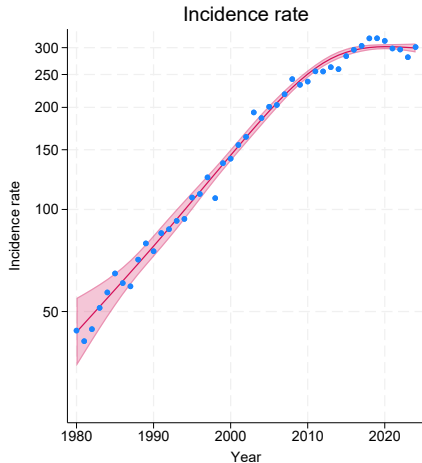
Incidence of lung cancer in Norway (females 70-79)

Natural splines: 3 df



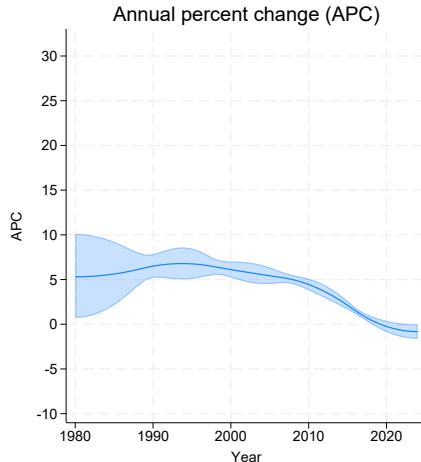
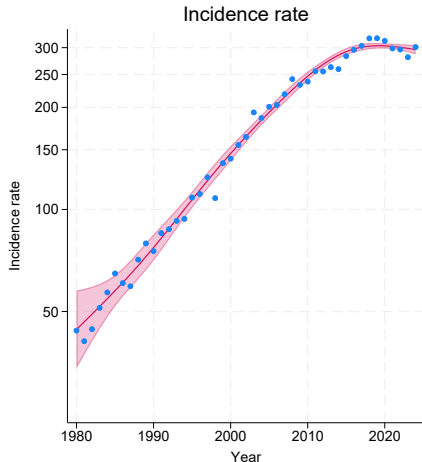
Incidence of lung cancer in Norway (females 70-79)

Natural splines: 4 df



Incidence of lung cancer in Norway (females 70-79)

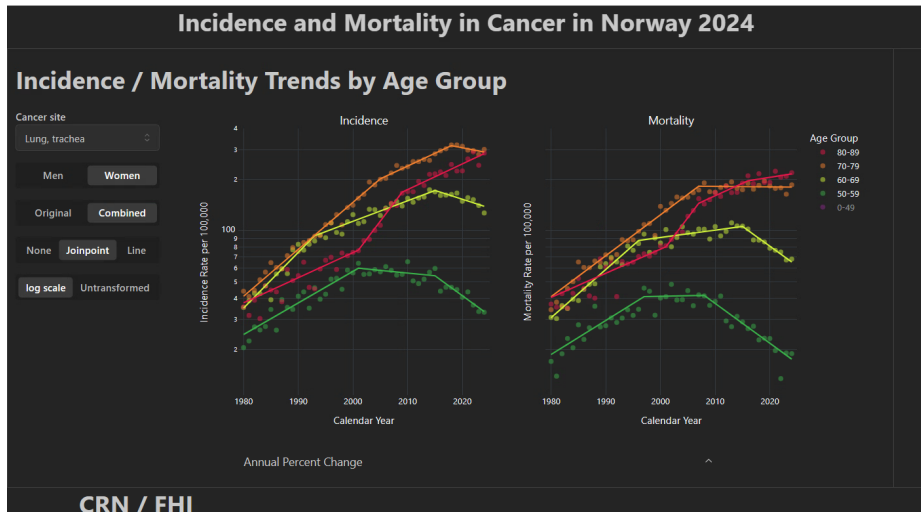
Natural splines: 5 df



Interactive App

- At the Cancer Registry of Norway we have used these models, initially for internal use.
- We are interested in a range of cancer, often stratified by age/sex.
- We export model estimates etc from Stata to Python and use in an interactive plotly Dash app.

Interactive App Example



- Still some final checking to do before release.
- Test version will be available on my website this weekend!.
- SSC version coming soon.

Summary

- Joinpoint models useful descriptive tool for cancer trends.
- Good stand alone software exists, but useful to have a Stata implementation.
- Still a couple of things to add.
 - Average annual percent change (AAPC)
 - Confidence intervals for knot locations
- Will be released on SSC soon.

References

1. *Cancer in Norway 2023 - Cancer Incidence, Mortality, Survival and Prevalence in Norway*. (Cancer Registry of Norway, Oslo, 2024).
2. Kim, H., Chen, H., Byrne, J., Wheeler, B. & Feuer, E. J. Twenty Years since Joinpoint 1.0: Two Major Enhancements, Their Justification, and Impact. *Statistics in Medicine* **41**, 3102–3130 (2022).
3. Kim, H.-J., Fay, M. P., Feuer, E. J. & Midthune, D. N. Permutation Tests for Joinpoint Regression with Applications to Cancer Rates. *Statistics in Medicine* **19**, 335–351 (2000).
4. Clegg, L. X., Hankey, B. F., Tiwari, R., Feuer, E. J. & Edwards, B. K. Estimating Average Annual per Cent Change in Trend Analysis. *Statistics in Medicine* **28**, 3670–3682 (2009).
5. Kim, H. *et al.* Improved Confidence Interval for Average Annual Percent Change in Trend Analysis. *Statistics in Medicine* **36**, 3059–3074 (2017).
6. Royston, P. & Altman, D. Regression Using Fractional Polynomials of Continuous Covariates: Parsimonious Parametric Modelling. *Applied Statistics* **43**, 429–467 (1994).
7. Kim, J. & Kim, H.-J. Applications of Asymptotic Inference in Segmented Line Regression. *Communications in Statistics - Theory and Methods* **50**, 5585–5606 (2021).