Description Remarks and examples References Also see

# Description

The term pk refers to pharmacokinetic data and the Stata commands, all of which begin with the letters pk, designed to do some of the analyses commonly performed in the pharmaceutical industry. The system is intended for the analysis of pharmacokinetic data, although some of the commands are for general use.

The pk commands are

pkexamine	[R] pkexamine	Calculate pharmacokinetic measures
pksumm	[R] <b>pksumm</b>	Summarize pharmacokinetic data
pkshape	[R] pkshape	Reshape (pharmacokinetic) Latin-square data
pkcross	[R] pkcross	Analyze crossover experiments
pkequiv	[R] <b>pkequiv</b>	Perform bioequivalence tests
pkcollapse	[R] pkcollapse	Generate pharmacokinetic measurement dataset

Also see [ME] **menl** for fitting pharmacokinetic models using nonlinear mixed-effects models; for instance, see example 15 in [ME] **menl**.

# **Remarks and examples**

Several types of clinical trials are commonly performed in the pharmaceutical industry. Examples include combination trials, multicenter trials, equivalence trials, and active control trials. For each type of trial, there is an optimal study design for estimating the effects of interest. The pk system can be used to analyze equivalence trials, which are usually conducted using a crossover design; however, it is possible to use a parallel design and still draw conclusions about equivalence.

Equivalence trials assess bioequivalence between two drugs. Although proving that two drugs behave the same is impossible, regulatory agencies believe that if the absorption properties of two drugs are similar, the two drugs will produce similar effects and have similar safety profiles. Generally, the goal of an equivalence trial is to assess the equivalence of a generic drug to an existing drug. This goal is commonly accomplished by comparing a confidence interval about the difference between a pharmacokinetic measurement of two drugs with an equivalence limit constructed from regulations. If the confidence interval is entirely within the equivalence limit, the drugs are declared bioequivalent. Another approach to assessing bioequivalence is to use the method of interval hypotheses testing. pkequiv is used to conduct these tests of bioequivalence.

Several pharmacokinetic measures can be used to ascertain how available a drug is for cellular absorption. The most common measure is the area under the concentration-time curve (AUC). Another common measure of drug availability is the maximum concentration ( $C_{\rm max}$ ) achieved by the drug during the follow-up period. Stata reports these and other less common measures of drug availability, including the time at which the maximum drug concentration was observed and the duration of the period during which the subject was being measured. Stata also reports the elimination rate, that is, the rate at which the drug is metabolized, and the drug's half-life, that is, the time it takes for the drug concentration to fall to one-half of its maximum concentration. pkexamine computes and reports all the pharmacokinetic measures that Stata produces, including four calculations of the AUC. The standard AUC from 0 to the maximum observed time  $(AUC_{0,t_{max}})$  is computed using cubic splines or the trapezoidal rule. Additionally, pkexamine also computes the AUC from 0 to infinity by extending the standard concentration-time curve from the maximum observed time using three different methods. The first method simply extends the standard curve by using a least-squares linear fit through the last few data points. The second method extends the standard curve by fitting a least-squares linear regression line on the log concentration. The mathematical details of these extensions are described in *Methods and formulas* of [R] pkexamine.

Data from an equivalence trial may also be analyzed using methods appropriate to the particular study design. When you have a crossover design, pkcross can be used to fit an appropriate ANOVA model. A crossover design is simply a restricted Latin square; therefore, pkcross can also be used to analyze any Latin-square design.

Some practical concerns arise when dealing with data from equivalence trials. Primarily, the data must be organized in a manner that Stata can use. The pk commands include pkcollapse and pkshape, which are designed to help transform data from a common format to one that is suitable for analysis with Stata.

In the following examples, we illustrate several different data formats that are often encountered in pharmaceutical research and describe how these formats can be transformed to formats that can be analyzed with Stata.

### Example 1

Assume that we have one subject and are interested in determining the drug profile for that subject. A reasonable experiment would be to give the subject the drug and then measure the concentration of the drug in the subject's blood over a given period. For example, here is part of a dataset from Chow and Liu (2009, 13):

```
. use https://www.stata-press.com/data/r19/auc (Primidone concentrations)
```

```
. list, abbrev(14)
```

id	time	concentration
1	0	0
1	.5	0
1	1	2.8
1	1.5	4.4
1	2	4.4
1	3	4.7
1	4	4.1
1	6	4
1	8	3.6
1	12	3
1	16	2.5
1	24	2
1	32	1.6
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$

Examining these data, we notice that the concentration quickly increases, plateaus for a short period, and then slowly decreases over time. pkexamine is used to calculate the pharmacokinetic measures of interest. pkexamine is explained in detail in [R] pkexamine. The output is

```
. pkexamine time concentration
```

	М	laximum concentra	tion =	4.7
	Time of m	aximum concentra	tion =	3
	Time of las	t observation (1	'max) =	32
		Elimination	rate =	0.0279
		Half	life =	24.8503
Area under the cu	rve			
	AUC [0 inf )	AUC [O inf )		inf )

AUC [0, Tmax]	AUC [0, inf.)	AUC [0, inf.)	AUC [0, inf.)
	Linear of log conc.	Linear fit	Exponential fit
85.24	142.603	107.759	142.603

Fit based on last 3 points.

### Example 2

Clinical trials require that data be collected on more than one subject. There are several ways to enter raw measured data collected on several subjects. It would be reasonable to enter for each subject the drug concentration value at specific points in time. Such data could be

id	conc1	conc2	conc3	conc4	conc5	conc6	conc7
1	0	1	4	7	5	3	1
2	0	2	6	5	4	3	2
3	0	1	2	3	5	4	1

where conc1 is the concentration at the first measured time, conc2 is the concentration at the second measured time, etc. This format requires that each drug concentration measurement be made at the same time on each subject. Another more flexible way to enter the data is to have an observation with three variables for each time measurement on a subject. Each observation would have a subject ID, the time at which the measurement was made, and the corresponding drug concentration at that time. The data would be as follows:

4

. use https://www.stata-press.com/data/r19/pkdata (Fictional drug concentration data)

. list id conc1 time, sepby(id)

	id	conc1	time
1.	1	0	0
2.	1	3.073403	.5
3.	1	5.188444	1
4.	1	5.898577	1.5
5.	1	5.096378	2
6.	1	6.094085	3
7.	1	5.158772	4
8.	1	5.7065	6
9.	1	5.272467	8
10.	1	4.4576	12
11.	1	5.146423	16
12.	1	4.947427	24
13.	1	1.920421	32
14.	2	0	0
15.	2 2	2.48462	.5
16.	2	4.883569	1
17.	2	7.253442	1.5
18.	2	5.849345	2
19.	2	6.761085	3
20.	2 2 2 2 2 2 2 2 2	4.33839	4
21.	2	5.04199	6
22.	2	4.25128	8
23.	2	6.205004	12
24.	2	5.566165	16
25.	2	3.689007	24
26.	2	3.644063	32
		(output omittee	/
207.	16	4.673281	24
208.	16	3.487347	32

Stata expects the data to be organized in the second form, as shown in pkdata.dta. If your data are organized as described in the first format, you will need to reshape the data to the second form; see [D] reshape. Because the data in the second (or long) format contain information for one drug on several subjects, pksumm can be used to produce summary statistics of the pharmacokinetic measurements. The output is

```
. pksumm id time conc1
```

```
. . . . . . . . . . . . . . . .
```

Summary statistics for the pharmacokinetic measures

				Number of	observations	s = 16
Measure	Mean	Median	Variance	Skewness	Kurtosis	p-value
auc	151.63	152.18	127.58	-0.34	2.07	0.55
aucline	397.09	219.83	178276.59	2.69	9.61	0.00
aucexp	668.60	302.96	720356.98	2.67	9.54	0.00
auclog	665.95	298.03	752573.34	2.71	9.70	0.00
half	90.68	29.12	17750.70	2.36	7.92	0.00
ke	0.02	0.02	0.00	0.88	3.87	0.08
cmax	7.37	7.42	0.40	-0.64	2.75	0.36
tomc	3.38	3.00	7.25	2.27	7.70	0.00
tmax	32.00	32.00	0.00			

Until now, we have been concerned with the profile of only one drug. We have characterized the profile of that drug by individual subjects by using pkexamine and by a group of subjects by using pksumm. The goal of an equivalence trial, however, is to compare two drugs, which we will do in the rest of this example.

For equivalence trials, the study design most often used is the crossover design. For a complete discussion of crossover designs, see Ratkowsky, Evans, and Alldredge (1993).

In brief, crossover designs require that each subject be given both treatments at two different times. The order in which the treatments are applied changes between groups. For example, if we had 16 subjects numbered 1-16, the first 8 would receive reference treatment "R" during the first period of the study, and then they would be given test treatment "T". The second 8 subjects would be given treatment "T" during the first period of the study, and then they would be given treatment "R". Each subject in the study will have four variables that describe the observation: a subject identifier, a sequence identifier that indicates the order of treatment, and two outcome variables, one for each treatment. The outcome variables for each subject are the pharmacokinetic measures. The data must be transformed from a series of measurements on individual subjects to data containing the pharmacokinetic measures for each subject. In Stata parlance, this is referred to as a collapse, which can be done with pkcollapse; see [R] **pkcollapse**.

Here is part of our data:

. list, sepby(id)

	id	seq	time	conc1	conc2
1.	1	1	0	0	0
2.	1	1	.5	3.073403	3.712592
З.	1	1	1	5.188444	6.230602
4.	1	1	1.5	5.898577	7.885944
5.	1	1	2	5.096378	9.241735
6.	1	1	3	6.094085	13.10507
7.	1	1	4	5.158772	.169429
8.	1	1	6	5.7065	8.759894
9.	1	1	8	5.272467	7.985409
10.	1	1	12	4.4576	7.740126
11.	1	1	16	5.146423	7.607208
12.	1	1	24	4.947427	7.588428
13.	1	1	32	1.920421	2.791115
14.	2	1	0	0	0
15.	2	1	.5	2.48462	.9209593
16.	2	1	1	4.883569	5.925818
17.	2	1	1.5	7.253442	8.710549
18.	2	1	2	5.849345	10.90552
19.	2	1	3	6.761085	8.429898
20.	2	1	4	4.33839	5.573152
21.	2	1	6	5.04199	6.32341
22.	2	1	8	4.25128	.5251224
23.	2	1	12	6.205004	7.415988
24.	2	1	16	5.566165	6.323938
25.	2	1	24	3.689007	1.133553
26.	2	1	32	3.644063	5.759489
27.	3	1	0	0	0
208.	16	2	(output 32	t omitted) 3.487347	5.213639

This format is similar to the second format described above, except that now we have measurements for two drugs at each time for each subject. We transform these data with pkcollapse:

. pkcollapse time conc1 conc2, id(id) keep(seq) stat(auc)

```
. list, sep(8) abbrev(10)
```

	id	seq	auc_conc1	auc_conc2
1.	1	1	150.9643	218.5551
2.	2	1	146.7606	133.3201
З.	3	1	160.6548	126.0635
4.	4	1	157.8622	96.17461
5.	5	1	133.6957	188.9038
6.	6	1	160.639	223.6922
7.	7	1	131.2604	104.0139
8.	8	1	168.5186	237.8962
9.	9	2	137.0627	139.7382
10.	10	2	153.4038	202.3942
11.	11	2	163.4593	136.7848
12.	12	2	146.0462	104.5191
13.	13	2	158.1457	165.8654
14.	14	2	147.1977	139.235
15.	15	2	164.9988	166.2391
16.	16	2	145.3823	158.5146

For this example, we chose to use the  $AUC_{0,t_{max}}$  for two drugs as our pharmacokinetic measure. We could have used any of the measures computed by pkexamine. In addition to the AUCs, the dataset also contains a sequence variable for each subject indicating when each treatment was administered.

The data produced by pkcollapse are in what Stata calls wide format; that is, there is one observation per subject containing two or more outcomes. To use pkcross and pkequiv, we need to transform these data to long format, which we can do using pkshape; see [R] pkshape.

Consider the first subject in the dataset. This subject is in sequence 1, which means that treatment "R" was applied during the first period of the study and treatment "T" was applied in the second period of the study. We need to split the first observation into two observations so that the outcome measure is only in one variable. We also need two new variables, one indicating the treatment the subject received and another recording the period of the study when the subject received that treatment. We might expect the expansion of the first subject to be

id	sequence	auc	treat	period
1	1	150.9643	R	1
1	1	218.5551	Т	2

We see that subject number 1 was in sequence 1, had an  $AUC_{0,t_{max}}$  of 150.9643 when treatment "R" was applied in the first period of the study, and had an  $AUC_{0,t_{max}}$  of 218.5551 when treatment "T" was applied in the second period.

Similarly, the expansion of subject 9 (the first subject in sequence 2) would be

id	sequence	auc	treat	period
9	2	137.0627	Т	1
9	2	139.7382	R	2

Here treatment "T" was applied to the subject during the first period of the study, and treatment "R" was applied to the subject during the second period of the study.

An additional complication is common in crossover study designs. The treatment applied in the first period of the study might still have some effect on the outcome in the second period. In this example, each subject was given one treatment followed by another treatment. To get accurate estimates of treatment effects, it is necessary to account for the carryover effect, the effect that the first treatment has in the second period of the study. We must, therefore, have a variable that indicates which treatment was applied in the first treatment period. pkshape creates a variable that indicates the carryover effect. For treatments applied during the first treatment period, there will never be a carryover effect. The sequence, treatment, and carryover variables all receive value labels. Thus, the expanded data created by pkshape for subject 1 and subject 9 will be as shown in the results:

- . pkshape id seq auc\*, order(RT TR)
- . sort id sequence period
- . list, sep(16)

id         sequence         outcome         treat         carry         p           1.         1         RT         150.9643         R         0           2.         1         RT         218.5551         T         R           3.         2         RT         146.7606         R         0           4.         2         RT         133.3201         T         R	eriod 1 2 1
2.         1         RT         218.5551         T         R           3.         2         RT         146.7606         R         0	2 1
3. 2 RT 146.7606 R 0	1
	2
5. 3 RT 160.6548 R 0	1
6. 3 RT 126.0635 T R	2
7. 4 RT 157.8622 R 0	1
8. 4 RT 96.17461 T R	2
9. 5 RT 133.6957 R 0	1
10. 5 RT 188.9038 T R	2
11. 6 RT 160.639 R 0	1
12. 6 RT 223.6922 T R	2
13. 7 RT 131.2604 R 0	1
14. 7 RT 104.0139 T R	2
15. 8 RT 168.5186 R 0	1
16. 8 RT 237.8962 T R	2
17. 9 TR 137.0627 T 0	1
18. 9 TR 139.7382 R T	2
19. 10 TR 153.4038 T 0	1
20. 10 TR 202.3942 R T	2
21. 11 TR 163.4593 T 0	1
22. 11 TR 136.7848 R T	2
23. 12 TR 146.0462 T 0	1
24. 12 TR 104.5191 R T	2
25. 13 TR 158.1457 T 0	1
26. 13 TR 165.8654 R T	2
27. 14 TR 147.1977 T 0	1
28. 14 TR 139.235 R T	2
29. 15 TR 164.9988 T 0	1
30. 15 TR 166.2391 R T	2
31. 16 TR 145.3823 T 0	1
32. 16 TR 158.5146 R T	2

Crossover designs do not require that each subject receive each treatment, but if they do, the crossover design is referred to as a complete crossover design.

The dataset (pkdata.dta) in this example is organized in a manner that can be analyzed with Stata. To fit an ANOVA model to these data, we can use anova or pkcross. To conduct equivalence tests, we can use pkequiv.

### 4

## References

- Chow, S.-C., and J.-P. Liu. 2009. Design and Analysis of Bioavailability and Bioequivalence Studies. 3rd ed. Boca Raton, FL: Chapman and Hall/CRC. https://doi.org/10.1201/9781420011678.
- Ratkowsky, D. A., M. A. Evans, and J. R. Alldredge. 1993. Cross-over Experiments: Design, Analysis, and Application. New York: Dekker.

## Also see

[ME] menl — Nonlinear mixed-effects regression

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